

British Gymnastics Anti-Doping Annual Report 2021

Below is a summary of the anti-doping activities for the year that British Gymnastics have completed.

2020/2021 was an exceptionally challenging period due to the restrictions associated with Covid-19 however British Gymnastics remained committed to supporting the education and support of our athletes and membership. Below outlines the activities that we undertaken during this period.

CLEAN SPORT STRATEGY, IMPLEMENTATION PLAN & ASSURANCE FRAMEWORK

2021 saw the development of a new anti-doping strategy and an update of the Anti-doping policy aligned to the requirements of the UKAD Assurance framework. British Gymnastics took the opportunity to review and update the content to ensure that we would deliver an education piece that was suited to all British Gymnastics members.

2022 sees the introduction of our new anti-doping strategy and the implementation of our education plan. Our mission for the next 2 years is to be committed to promoting and supporting clean sport within Great Britain. Our strategic objecitves include the following:

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- 1. Promote a gymnastics clean sport culture to gymnasts, coaches, support staff and members.
- 2. Support and drive compliance to the WADA code supported by UKAD.
- 3. Support all gymnasts to be able to apply their anti-doping responsibilities when required.
- 4. Provide a range of relevant and up-to-date education activities to engage gymnasts, coaches, support staff and members.
- 5. Take appropriate action against those who breach the UK Anti-Doping rules.

We believe that prevention through education lies at the core of achieving this. Identifying the values that help us to maintain a clean sport and implementing a values-based strategy that targets athletes and athlete support personnel (ASP) will be our main aim. Gymnastics is a foundation sport with a large membership made up of young participants. This is where our focus will be, starting at participation level and working through to performance level. We have an education plan in place that is age and stage appropriate.

Our Education Strategy aims to target key anti-doping topics, in line with UKAD's clean sport curriculum in conjunction with our sport specific needs. British Gymnastics will ensure a values-based approach is embedded within the education delivery to gymnasts and athlete support personnel.

By 1st April 2022 we will have submitted all of the required evidence to satisfy the requirements for the Assurance Framework and will work with UKAD to ensure we remain on track with our aims and objectives.

2020/2021 EDUCATION

By the end of 2021, all senior and junior squad athletes across all British Gymnastics disciplines, who were selected to represent GBR internationally, received anti-doping education including content from British Gymnastics inhouse resources, FIG (international federation) content, UKAD clean sport courses or clean sport refreshers.

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All athletes and athlete support personnel who were in consideration for selection to the Tokyo Olympic games completed their Games Ready sessions.

All athletes in junior and senior squads, across all British Gymnastics disciplines, including their personal coaches, our national coaches and Athlete Support Personnel received information regarding the prohibited list changes for 2022.

2022 EDUCATION

We will aim to increase the number of staff members who are UKAD educators and utilise them to support the delivery of education throughout the pathway, from recreation to performance.

We will deliver the education plan through a variety of resources, support and information that is relevant to each age and stage of the pathway.

We will continue to support the education and guidance the performance athletes and athlete support personnel of those on the Domestic Testing Pool and those on the Athletes Whereabouts scheme.

We will engage in an organisation wide support plan to maximise the reach of the anti-doping strategy.

We will continue to work with the British Gymnastics Communication team to share relevant information with the athletes, coaches and athlete support personnel via the communication channels available to us including the website and social media.