



## BRITISH GYMNASTICS SELECTION POLICY AEROBIC Gymnastics

12th UEG Aerobic Gymnastics European Championships &  
Aerobic Gymnastics European Age Group 2 Competition  
24<sup>th</sup> – 26<sup>th</sup> May 2019 Baku (AZE)

<b>1. Introduction</b>	<p>The European Championships and European Age Group 2 Competitions 2019 are a key milestone event for Aerobics in this cycle and represent an opportunity for the discipline to demonstrate where it stands in Europe following the successful World and WAGC competitions in 2018. The results will be used as key part of the Aerobics Programme Planning up to 2021.</p> <p>Teams will be selected against the published bench mark criteria as outlined in section 8 below for Seniors and AG2 Groups.</p>
<b>2. Performance Targets</b>	<ul style="list-style-type: none"> <li>• Seniors: Qualify 1 or more category / partnership in the Top 16 and 1 in the Final</li> <li>• Juniors: Qualify 1 or more category / partnership in the Top 16 and 1 in the Final</li> </ul>
<b>3. Eligibility</b>	<ol style="list-style-type: none"> <li>1. Gymnasts are eligible for consideration provided they are: <ul style="list-style-type: none"> <li>• A British Citizen holding a British passport, at the time of trial</li> <li>• Seniors: a minimum of 18 years old in the year of competition</li> <li>• Juniors (Group 2): a minimum of 15 years old in the year of competition and a maximum of 17 years</li> <li>• Juniors (Group 1): a minimum of 12 years old in the year of competition and a maximum of 14 years</li> <li>• A current British Gymnastics member in good standing</li> <li>• Eligible to compete for Great Britain by possession of a current Gymnast Licence held with FIG</li> </ul> </li> </ol>
<b>4. The 'Team'</b>	<ol style="list-style-type: none"> <li>1. The 'Team' means the individuals selected by British Gymnastics and includes gymnasts / partnerships, coaches, medical support personnel, judges, Team Leaders, Heads of Delegation and any associated member of the Performance Sport Programmes' staff to represent Great Britain at the Championships.</li> </ol>
<b>5. Nomination Panel</b>	<ol style="list-style-type: none"> <li>1. Members of the Nomination Panel are the appointed lead coaches for the National Squad programme, the Performance Manager, the Technical Committee Chairman and the National Judge Co-ordinator.</li> <li>2. Following the completion of the Designated Selection Event listed within this Policy, the appointed lead coaches for the National Squad programme will consult with the members of the Nomination Panel, considering any relevant medical information deemed appropriate to the discussion in relation to the nomination of the gymnasts / partnerships, and agree the nomination of the gymnasts / partnerships.</li> <li>3. Following the above process, the Performance Manager will forward a list of nominated gymnasts / partnerships and officials to the Approval Panel for their scrutiny.</li> </ol>

<p><b>6. Approval Panel</b></p>	<ol style="list-style-type: none"> <li>1. A British Gymnastics Approval Panel comprising the Performance Director and the Head of Performance Programmes will consider the nominations of the gymnasts / partnerships and officials received from the Nomination Panel and ratify this as appropriate.</li> <li>2. If the Nomination Panel submit insufficient gymnasts / partnerships than the available team places, the Approval Panel can make referral back to the Nomination Panel for their reasoning at which point their list of nominations may be amended.</li> <li>3. The Approval Panel will confirm the selection of the Team with the Non-Olympic Performance Manager not later than 10.00am Wednesday 17<sup>th</sup> April 2019</li> </ol>																		
<p><b>7. Appeals</b></p>	<ul style="list-style-type: none"> <li>• Appeals can only be submitted for a non-selected gymnast on the grounds that the process outlined within this Selection Policy has not been adhered to.</li> <li>• Appeals should be made following British Gymnastics selection appeals process (details can be found on the British Gymnastics website link below) -</li> </ul> <p><a href="https://www.british-gymnastics.org/technical-information/performance-gymnastics/document-downloads/9101-performance-appeals-procedure-november-2017/file">https://www.british-gymnastics.org/technical-information/performance-gymnastics/document-downloads/9101-performance-appeals-procedure-november-2017/file</a></p>																		
<p><b>8. Nomination Process</b></p>	<ol style="list-style-type: none"> <li>1. A maximum of two Individual Women, two Individual Men, two Mixed Pairs, two Trios and one AG2 Group may be nominated for selection. (* see below for Senior Group). *The 2019 European Games Senior Group is pre-selected for the 2019 European Championships. This group will be expected to compete in at least one of the 2 designated trial events to demonstrate fitness.</li> <li>2. By entering the selection process, gymnasts and partnerships agree to be bound by the provisions of this policy. An Application to Trial form at the end of this policy confirms this and must be completed and returned as per the instructions on the form.</li> <li>3. Applications to Trial are invited from gymnasts / partnerships meeting the Eligibility criteria.</li> </ol> <p>Nomination for the Team will be conducted as follows:</p> <p><b><u>Automatic Selection</u></b></p> <ol style="list-style-type: none"> <li>a) Scores from the two highest routines over the two selection events will be averaged. If this average score is equal to or higher than the benchmark scores stated below the average score will be used to create a ranking list per age group and per category.</li> <li>b) Benchmark Scores:</li> </ol> <table border="1" data-bbox="561 1451 1503 1646"> <thead> <tr> <th>Category</th> <th>IW</th> <th>IM</th> <th>MP</th> <th>TRIO</th> <th>GRP</th> </tr> </thead> <tbody> <tr> <td><b>Ag 2</b></td> <td>19.5</td> <td>19.5</td> <td>18.0</td> <td>18.0</td> <td>18.0</td> </tr> <tr> <td><b>Snr</b></td> <td>19</td> <td>19</td> <td>18.5</td> <td>18.5</td> <td>18.5</td> </tr> </tbody> </table> <ol style="list-style-type: none"> <li>c) The highest ranked gymnast/partnership per age group and per category will be automatically nominated for selection.</li> </ol> <p><i>NB. Chair deductions will not be applied when calculating the average score.</i></p>	Category	IW	IM	MP	TRIO	GRP	<b>Ag 2</b>	19.5	19.5	18.0	18.0	18.0	<b>Snr</b>	19	19	18.5	18.5	18.5
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	<p><b>Allotted Places</b></p> <ul style="list-style-type: none"> <li>d) The Nomination Panel may nominate additional gymnasts/partnerships for allotted places under the following conditions: <ul style="list-style-type: none"> <li>i. The gymnast / partnership has achieved the benchmark score for their age group and category.</li> <li>OR</li> <li>ii. The gymnast / partnership is deemed by the Nomination Panel as capable of meeting the Performance Targets set out within this selection policy.</li> <li>OR</li> <li>iii. The Nomination Panel deem competing at the event a suitable performance development opportunity for the nominated gymnast / partnership.</li> </ul> </li> <li>4. Nominated gymnasts / partnerships, including any reserve(s), will be expected to maintain readiness to compete and may be requested to prove this by the Nomination Panel at any point prior to the Championships.</li> <li>5. Nominated gymnasts / partnerships and coaches (including the reserves) must also agree to observe all obligations outlined within the British Gymnastics' Gymnast Agreement 2017-2020 and any subsequent Codes of Conduct adopted by British Gymnastics.</li> <li>6. Team coaches will be nominated based upon the following criteria: <ul style="list-style-type: none"> <li>a) The number of available accreditations.</li> <li>b) The needs of the team.</li> <li>c) The ability to operate as part of a team, to be considered and measured in situations of responsibility and pressure, to work with their own gymnasts as well as others, and to support all team members.</li> <li>d) A minimum Level 3 qualification or equivalent, with a current DBS and Safeguarding and Protecting Children certificate.</li> <li>e) Previous international experience and performance.</li> <li>f) Commitment to attend the Selection Events and any pre-event training.</li> </ul> </li> </ul>
<p><b>7. Designated Selection Event</b></p>	<p>8. The selection policy described below applies to the following selection events.</p> <p><b>Selection Event 1 – Weston Aerobic Gymnastics, Sunday 7 April 2019</b></p> <p><b>Selection Event 2 - Southern Open Championships, Fareham, Sunday 14 April 2019</b></p> <p><i>NB. Any gymnast who is ill or injured prior to or during the Designated Selection Event(s) above must provide immediate written authentication of the injury or illness by a registered medical practitioner or chartered physiotherapist. This documentation must be submitted to the Performance Manager.</i></p>
<p><b>10. Injury &amp; Replacement</b></p>	<ul style="list-style-type: none"> <li>1. In the event of injury and/or the need for replacement, a gymnast or partnership may be called upon to join the Team at any time.</li> <li>2. Once the team selection has been confirmed by the Approval Panel and announced, all selected gymnasts / partnerships (including the reserves) must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition readiness at any time up to the conclusion of the Championships.</li> <li>3. All selected gymnasts must declare medications they are taking, in particular the use of any restricted medications and submit these in writing for the attention of the Performance Manager.</li> <li>4. A gymnast / partnership or coach may be removed from the Team in the event of non-compliance in training, a breach of responsibility to the Team or a violation of the Codes of Conduct adopted by the team. Prior to removal the gymnast / partnership or coach</li> </ul>

must be presented with the opportunity to attend a removal interview with a member of the Selection Panel (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the Performance Manager. Decisions on these matters are not open to appeal.

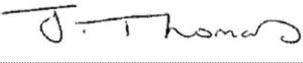
5. Once selected until departure for the competition, where a gymnast / partnership is unable to train for a significant period of time, where a significant period of time is defined as seven continuous days or more, the primary coach must declare this information to the Performance Manager.
6. At any stage following the selection announcement and prior to departure for competition, should any partnership / gymnast fail to reach performance expectations in training or competition, the lead coaches for the National Squad may recommend de-selection to the Nomination Panel. If supported by the Nomination Panel the case will be referred to the Approval Panel who will consider this recommendation, provide an opportunity for the gymnast / partnership to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal.
7. At any stage following the selection announcement and prior to departure for competition, should there be a doubt over the ability of a gymnast / partnership to compete to the best of their ability due to an injury or illness, the following procedure will be adhered to:
  - a) The gymnast must arrange to see a registered medical practitioner or chartered physiotherapist to undergo a medical examination to determine their fitness to compete. Initially this will be based on an assessment of whether or not the injury, illness and /or medical condition is such that the gymnast is physically unable to compete or is at risk of causing medical harm to themselves, or endangering other competitors, officials or spectators.
  - b) Written authentication of the injury or illness by the registered medical practitioner or chartered physiotherapist must then be submitted to the Performance Manager to include their decision as to whether the gymnast is fit to compete. This documentation will then be reviewed by a member of the British Gymnastics approved medical personnel.
  - c) If the gymnast passes the initial medical examination carried out by the medical practitioner or chartered physiotherapist but British Gymnastics still has concerns over whether or not the gymnast is able to compete to the best of their ability due to the underlying injury, illness or condition, the gymnast will be required to undertake British Gymnastics' designated "Fitness Test".
  - d) The Fitness Test will require the gymnast / partnership to perform a minimum of one routine with their partnership, to the lead coaches for the National Squad and one or more members of the Nomination Panel at a set time and location. The lead coaches for the National Squad and the member(s) of the Nomination Panel in attendance will analyse the routine(s) and must be in agreement that the gymnast / partnership is capable of achieving the performance standards expected by the time of the competition and alternative gymnasts / partnerships seen at the Selection Events do not offer a better alternative.
  - e) In the event that a gymnast or partnership fails to complete the Fitness Test to the required standard, they will be removed from the Team, a decision that is not open to appeal.
8. At any stage following the arrival of the Team at the competition and during the event, should any gymnast/partnership fail to reach performance expectations in training or competition, the Team Coach(es) may recommend de-selection to Head of Delegation. The Head of Delegation will consider this recommendation, provide an opportunity for the gymnast/partnership to attend an interview to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters will not be open to appeal.

	<p>9. In the event that a gymnast within a partnership changes after the announcement of the team, the new partnership must first be declared to the Performance Manager. A change of partnership may be considered under the following circumstances:</p> <ol style="list-style-type: none"> <li>a) The new partnership can demonstrate their routine not less than twice to the lead coaches of the National Squad and a minimum of one other member of the Nomination Panel, at a set time and location (TBC).</li> <li>b) The panel must be convinced and in agreement that there is not a more viable partnership seen at the Selection Events, and that the replacement gymnast(s) and partnership is capable of achieving the performance targets set within this policy.</li> </ol> <p>10. Any decisions regarding replacement partnership(s) will be made by the Nomination Panel based on the needs of the Team. Decisions on these matters are not open to appeal.</p>
<b>11. Team Organisation</b>	<ol style="list-style-type: none"> <li>1. There will be a GBR Team Training camp prior to the Euros, date &amp; venue TBC</li> <li>2. In the event that they have not already done so, all gymnasts within the Team will be required to sign and comply with the British Gymnastics' Gymnast Agreement 2017-2020.</li> <li>3. The Europeans Teams will depart for the 2019 Euro Championships on 21<sup>st</sup> May 2019.</li> </ol>
<b>12. Funding</b>	<ol style="list-style-type: none"> <li>1. For AG2 gymnasts this will be a self-funded Event.</li> <li>2. It is anticipated that the event will cost approximately £1450 (TBC) to include transport, accommodation, meals and entry fee.</li> <li>3. In addition to the cost of the event junior gymnasts will be required to purchase the GBR representative kit. (The same kit as used for the 2018 Worlds/WAGC and Plovdiv Cup 2018) Details on how to order the kit if required will be provided following selection.</li> <li>4. Full payment will be required prior to the nominative entry (22 April 2019).</li> <li>5. Non-payment by the deadline above will result in withdrawal from the event and / or subsequent revoking of BG membership.</li> </ol>
<b>13. Announcement</b>	<ol style="list-style-type: none"> <li>1. The team will be announced on 17<sup>th</sup> April Selected Team Members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until British Gymnastics have announced the team selection on the British Gymnastics web site (<a href="http://www.british-gymnastics.org">www.british-gymnastics.org</a>).</li> </ol>
<b>14. Any additional matters not covered by this Policy</b>	<ol style="list-style-type: none"> <li>1. Any matters arising from the selection process that are not covered within this policy shall be determined by the Approval Panel (or representative thereof) acting at their sole discretion.</li> </ol>

**European Senior and Age Group Championships 2019 - Selection Policy**  
**Approved By:**

Signed  \_\_\_\_\_

Nigel Saunders  
**Aerobics Technical Committee Chairman**

Signed  \_\_\_\_\_

James Thomas  
**Performance Director**

**MEDICAL PERSONNEL APPROVED BY BRITISH GYMNASTICS**

Louise Fawcett (British Gymnastics Head of Science & Medicine)

Chris Tomlinson (British Gymnastics Chief Medical Officer)

Jonathan Bucke (BG Physiotherapist)

Jason Laird (BG Physiotherapist)

Lindy Laszig (BG Physiotherapist)

# AEROBIC GYMNASTICS European Championships Selection Event DECLARATION of INTENTION TO TRIAL:

12<sup>th</sup> Aerobic Gymnastics European Championships & Aerobic Gymnastics

European Age Group 2 Competition

24<sup>th</sup> – 26<sup>th</sup> May 2018 Baku (AZE)

**Entry Closing Date:** Friday March 1<sup>st</sup> 2019

Gymnast name	DoB	Category	Junior / Senior	Club	Primary Coach

When submitting entries for a British Gymnastics selection event the onus is on the club and the coaches to:

- ensure that the coaches attending are qualified to the level of the participants' performance
- ensure that all parents / guardians are aware of this policy and wish for their son or daughter to be entered and are available for selection

Entry to the Designated Selection Events is £25.00 per gymnast plus £10 any additional entry

Payment can be made by bank transfer using the details as follows:

#### British Gymnastics Bank Details

- NatWest Bank
- Account Number – 0862 5328
- Sort Code – 54 10 36
- Reference – Please use the following reference format: AER ECH Trial Gymnast Initials (i.e. AER ECH Trial NB)

**Full payment should be made by Friday March 1<sup>st</sup> 2019**

Failure to make payment **and** submit the intention to trial documents by the entry closing date above will result in your application being terminated.

I would like to submit a request for the above gymnasts to trial for the 2019 European Age Group 2 Competition / & European Championships 2019. I can confirm that the above criteria have been adhered to, and entries are made having read and understood the Selection Policy.

PERSONAL COACH NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

DATE: \_\_\_\_\_

COACHING QUALIFICATION: \_\_\_\_\_

ENHANCED CRB EXPIRY DATE: \_\_\_\_\_

NB. British Gymnastics may elect to video the selection events which may be used for analysis and selection purposes.

Please submit declarations to:

Email: [nadine.barnard@british-gymnastics.org.uk](mailto:nadine.barnard@british-gymnastics.org.uk)

Post: Nadine Barnard, Sport Programme Officer, British Gymnastics, Administration Building, Lilleshall National Sports Centre, Newport TF10 9AT