

# Aerobics National Performance Programme Selection Policies GB Senior, Junior & Development Programmes 2022-2023

## Table of Contents

Section 1. Eligibility for Selection

Section 2. Selection Panel

Section 3. Overview of Selection Process

Section 4. General Information

Section 5. Appeals

Section 6. Anti-Doping

Section 7. Competition Eligibility Matrix

Section 8. Aerobics National Performance Programmes Diagram

Section 9. National Performance Programmes – Selection Processes

- Consideration Events
- Selection processes
- The Programmes

### ***Section 1. Eligibility for Selection***

Any gymnast in the FIG programme wishing to be considered for selection must be a full member of British Gymnastics and be age eligible (age group one, age group two and senior) as outlined in selection criteria within this document. In addition, upon selection they must agree to abide by the Gymnast Code of Conduct and abide by the rules and regulations applicable.

Gymnasts who do not hold a British passport must be released by their own National Federation and a British Passport obtained to be considered for selection.

### ***Section 2. Selection Panel***

As standard practice to ensure a GBR overview and consistency, the Judge Convenor, TC Chair, and a member of British gymnastics Performance team will be present at all selection meetings.

The key responsibilities of these panels are:

- a) Proposing and agreeing the selection policy for all GBR squads and competitions.
- b) Holding selection meetings in accordance with the selection process.
- c) Communication of the selected individuals.

### ***Section 3: Overview of the Selection Process***

- Selection

After the designated selection events, the GBR Aerobics National coaching team will select the gymnasts who in the expert opinion of the National Coaching Team, have the best capability of contributing to British Gymnastics long-term vision of World & European success.

Should gymnasts not reach the required performance standards the Selection Panel may select gymnasts who are deemed capable of reflecting the long-term direction and aims of the BG Aerobics Performance Programme of winning World & European medals.

Nominated programme gymnasts must agree to an Individual Athlete Plan (targets, development & competition routines and competition calendar/events) with the National Coaching Team.

Nominated programme gymnasts will be required to undertake all national coaching team activities (camps, additional training at organised venues and competitions) as laid out by the National Coaching Team Pathway Programme.

Nominated gymnasts must also agree to observe all obligations outlined at induction and any Codes of Behaviour adopted by British Gymnastics.

- Induction & Confirmation

The National Programme may differ on how and when they undertake an induction and confirmation phase. This is a dedicated period of time (typically 3 months) that allows a gymnast and National Coaching Team to assess a variety of skills, knowledge and attributes aligned to what British Gymnastics feels it takes to win at a World level, to ensure membership of that squad for the remainder of the selection period.

- Full Programme Member

If after the induction and confirmation phase for a programme, the National Coaching and Performance Team are happy with the progress being made by a gymnast, they will officially remain on the programme for the remainder of the year. Those that have not made the standard will be informed accordingly. Considerations / Gymnast assessments will be made on an ongoing basis as part of a gymnast's membership to the programme regarding whether gymnasts move up or down the pathway or are removed from the programme altogether.

### ***Section 4. General Information***

In the event of injury, removal and/or the need for replacement, a replacement gymnast may be called upon to join the programme at any time.

Once programme selections have been confirmed all selected gymnasts must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time. A gymnast may be removed from the programme in the event of a non-compliance in training, lack of performance progression, a breach of responsibility to the programme or a violation of the Codes of Behaviour adopted by the programme. Prior to removal the gymnast will be presented with the opportunity to attend a removal interview with a senior member of the Performance Team and where possible one other independent person. Written justification must be provided for all removals by the British Gymnastics Performance Team. Decisions on these matters are not open to appeal.

At any stage following the programme selection announcement, should there be a doubt over the ability of a gymnast to train or compete to the best of his/her ability due to an injury or illness, the following procedure will be adhered to:

The gymnast will be referred to British Gymnastics a designated Medical Officer to undergo a medical examination to determine their fitness to participate. Initially, this will be based on an assessment of whether the injury and/or illness is such that the gymnast is physically unable to train or, is at risk of causing medical harm to themselves or endangering other Programme members.

Any replacement(s) required will be made by National Coaching Team based on the needs of the programme. Decisions on these matters are not open to appeal.

Selected programme members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until after British Gymnastics have announced the programme selection on the British Gymnastics website ([www.british-gymnastics.org](http://www.british-gymnastics.org)).

### **Section 5. Appeals**

There is no appeals process for individual gymnasts not selected to attend one of the National Performance Pathway Programmes.

Should you feel that your de-selection / selection is unjust, you must formally write to Performance Services Officer for the discipline (Joy Fern – [Joy.Fern@british-gymnastics.org](mailto:Joy.Fern@british-gymnastics.org)) with supporting information within 7 days of the communication of non-selection/de-selection.

### **Section 6. Anti-Doping**

Gymnasts must be compliant with the British Gymnastics anti-doping policy at all times. The nomination panel reserve the right not to nominate and / or deselect any gymnast from any of the identified National Team trainings and competitions on the basis of failure to comply with the British Gymnastics anti-doping policy.

### **Section 7. Competition Eligibility Matrix**

All major competitions, World Championships, European Championships and World Games, will have a specific selection policy that will be open to any gymnast that feels that they can reach the detailed performance standards at the designated selection events. This will be placed on the British Gymnastics website on the link. Selection Documents

For all other GBR competitions please see below:

Senior Events	Gymnasts Selection Eligibility	Performance Standard	Selection Process
World Championships	Open	Final - Top 1/3	Selection Policy
European Championships	Open	Final - Top 1/3	Selection Policy
World Cup Series	Senior Programme Gymnasts	Final	Selection Process
Minor Internationals	Senior Programme Gymnasts	Final/Medal	Selection Process *

Age Group Events	Selection Eligibility	Performance Standard	Selection Process
European Championships	Open	Final	Selection Policy
World Age Group	Open	Final/Top 5	Selection Policy
Minor Internationals	National Development Gymnasts	Final - Medal	Selection Process *

\*Only Programme gymnasts will be considered for selection to GBR Minor Internationals.

## National Performance Programmes – Selection Processes

### *Section 1: Designated Selection Events (DSE)*

The Selection Panel will take into consideration performances at the following events.

- Cantanhede 2022
- World Champs and World Age Group 2022
- British Championships 2022
- GBR development and performance programmes 2022.

Domestic and International competitions as GBR gymnast (including controlled/trial event results) taken place between (2020-2022) may also be considered.

### **Section 2: Selection Process for 2023 Programmes**

After the final event (British Championships 2022) results from the **Designated Selection Events** listed above will be put onto a matrix and a ranking list made of gymnasts eligible for;

Aerobics GBR Senior & Junior National Performance Programmes 2023;  
Aerobics GBR National Development Programme 2023

GBR selections will be recommended by the National Coaching Team to the selection panel based on ranking position from designated selection events and the British Gymnastics long-term vision of World & European success for Aerobic Gymnastics as outlined in the section 'Overview of the Selection Process' on page 4 above. NB. Only Programme gymnasts will be considered for selection to GBR Minor Internationals. (See page 4)

### **Section 3: The Programme**

Programme selection period (Length of time a gymnast can expect to be on the programme from the point of selection):

- January – March 2023 (Induction period)
- April – December 2023

## Section 4 Aerobics National Performance Programmes 2023

### GBR Senior National Programme 2022-2023

- Aims – Finals/Top 5 - World Games, World Championship and European Championship Level
- Programme Size – 8-10 gymnasts
- Number of Camps – 6 Camps per year

### GBR Junior National Programmes 2023

- Aims – Finals/Top 5 & medal at Worlds and European Age Group Level
- Programme Size – Up to 20 Gymnasts
- Number of Camps – 6 per year

### GBR Development Programmes 2023

- Aims - to select gymnasts with ability and potential and to develop them for transition into the Junior National Programme to produce results that will deliver the BG Aerobics Performance Programme objectives of winning World & European medals as outlined in section 3 above.
- Programme Size – up to 20 gymnasts (priority given to 10-11 age category)
- Number of Camps – 3 per year

### **Additional Information**

- Programme gymnasts must agree an Individual Athlete Plan (targets, development & competition routines and competition calendar/events) with the National Coaching Team.
- Programme gymnasts will be required to undertake all Aerobic National Programme activities (camps, additional training at organised venues /HPC and competitions) as laid out by the National Coaching Team.
- Programme gymnasts will generally only be eligible for a single programme and cannot move between squads. Should an athlete be invited to attend another squad in a different discipline this should be discussed and agreed between the National Coaching Team and Programme Managers prior to selection.

### Staffing for the Aerobics Performance Development Programmes 2023 onwards

#### **Selection Panel**

BG Performance Team Member  
TC Chair  
Judge Convenor