

BRITISH GYMNASTICS' SELECTION POLICY

Aerobic Gymnastics

National Squad 2017

Squad Composition	<ul style="list-style-type: none"> • Senior, Group 2, Group 1 and National Development gymnasts working nationally at FIG level • Selection for squad gymnasts will take place following the final designated selection event for 2016 and completion of the soft testing of difficulty skills • Selection for the National Squad will be for one year (January 1st to December 31st 2017)
Squad Member Eligibility	<ol style="list-style-type: none"> 1. Gymnasts are eligible for consideration provided they are: <ul style="list-style-type: none"> • A British Citizen holding a British passport • Senior gymnasts – a minimum of 18 years of age in the year of competition • Group 2 gymnasts – 15-17 years of age in the year of competition • Group 1 gymnasts – 12-14 years of age in the year of competition • National Development gymnasts – 10-11 years of age in the year of competition • A current British Gymnastics member • Senior, Group 2 & Group 1 gymnasts – eligible to compete for Great Britain by possession of a current Gymnast Licence held with FIG <p><i>NB. All eligibility is subject to the current rules of FIG.</i></p>
Performance Targets	<ol style="list-style-type: none"> 1. Senior & Group 2 Gymnasts – to consistently deliver high level performances at major international competitions for Great Britain with the specific aims of: <ul style="list-style-type: none"> • All gymnasts / partnerships to finish within the top 50% at both the Senior and Junior European Championships and to qualify 1 category for the final at the Junior European Championships 2. Group 1 Gymnasts – to consistently deliver high level performances at domestic events with the specific aim of: <ul style="list-style-type: none"> • Being in the top 25% at all national competitions 3. National Development Gymnasts – to develop a broad range of skills and ability with the specific aims of: <ul style="list-style-type: none"> • Being able to compete a range of skills across the element pool • Demonstrate excellent levels of flexibility, strength and power • Being in the top 25% at all national competitions
Nomination Panel	<ol style="list-style-type: none"> 1. The Nomination Panel comprises the Aerobics National Lead Coaches. Following the completion of the Designated Selection Events and the assessment of compulsory skills, the Aerobics National Lead Coaches will meet to nominate

	<p>gymnasts for membership of the Squad. This meeting will be moderated by a neutral party nominated by the Approval Panel.</p> <ol style="list-style-type: none"> The nominated gymnasts will be those most able to achieve the targets listed in the section 'Performance Targets' who have been selected by virtue of the process laid out in the section 'Nomination Process'. Following agreement from this consultation, the Nomination Panel will forward a list of nominated gymnast to the Approval Panel for their scrutiny.
Approval Panel	<ol style="list-style-type: none"> A British Gymnastics Approval Panel, comprising the Aerobic Gymnastics Technical Committee Chair, the Aerobic Gymnastics National Judging Coordinator and the Aerobic Gymnastics Performance Manager, will consider the nominations for gymnasts received from the Nomination Panel and ratify if appropriate, or refer back to the Nomination Panel for the reasoning behind their nominations at which point their list of nominations may be amended. The Approval Panel will confirm the selection of the Squad on or before Friday 28th October 2016.
Appeals	<ol style="list-style-type: none"> Appeals can only be submitted for a non-selected gymnast on the grounds that the process outlined within this Selection Policy has not been adhered to. Appeals should be made following British Gymnastics' Appeals Process (details can be found on the British Gymnastics' website www.british-gymnastics.org).
Designated Selection Event(s)	<ol style="list-style-type: none"> The below form the Designated Selection Events for the 2017 Aerobic Gymnastics National Squad: <ol style="list-style-type: none"> 2016 Cardiff Open 2016 Alex Strachan Cup 2016 British Championships 2016 World Championships or World Age Group Competition 2016 World Cups 2016 FIG registered events Scores can be considered from the qualification or final of the Designated Selection Events listed above. Only one score may be used per event i.e. not the qualification and final score from the same Designated Selection Event. <p><i>NB. Any gymnast that did not compete at the 2016 British Championships and who wishes to be considered for the 2017 National Squad will be asked to provide supporting documentation as to why they were not able to compete. The documentation must be submitted by the gymnasts Personal Coach to the Performance Manager.</i></p>
Nomination Process	<p>Nomination for the National Squad will be conducted as follows:</p> <ol style="list-style-type: none"> The highest score from the 2016 British Championships and the highest score from the remaining Designated Selection Events will be averaged. If this average is equal to or higher than the benchmark scores listed below, the gymnast / partnership will be nominated for selection.

2. Where Trio and Group partnerships have a change of gymnast(s) in 2017, trio partnerships with two remaining gymnasts from 2016 and group partnerships with three remaining gymnasts from 2016 will be considered for nomination.

3. Benchmark Scores:

Age Group	Category			
	Second Year + in Age Group		First Year in Age Group	
	Individual (Male & Female)	Pairs / Trio / Group	Individual (Male & Female)	Pairs/ Trio / Group
Senior	19.500	19.500	19.000	19.000
Group 2	19.000	19.000	18.500	18.500
Group 1	18.000	18.000	17.500	17.500
National Development	No Benchmark	No Benchmark	No Benchmark	No Benchmark

4. Where Senior, Group 2 and Group 1 gymnasts / partnerships do not achieve the benchmark score they may be nominated by the Nomination Panel for a discretionary squad place on the basis that inclusion on the programme reflects the Performance Targets of the National Squad (outlined on page 1 of this policy).

5. Places on the National Development squad will be solely by discretionary squad place nomination.

6. Discretionary squad places are not guaranteed and the use of such places is not open to appeal.

Assessment – Difficulty Skills

1. All gymnasts / partnerships nominated for selection for the National Squad will be assessed on the difficulty skills included in Appendix 1.

2. This assessment will be conducted by the Aerobics Lead National Coaches, with the support of 1 or more brevet judges. All nominations for selection will be on a conditional basis until such time that this assessment has taken place.

Injury, Illness and Replacement

1. Once selections have been confirmed all National Squad gymnasts must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time until the termination of the National Squad period, 31st December 2017.

2. Where a National Squad gymnast is unable to attend training or competition due to injury or illness they must agree to adhere to the following process:

- a. Gymnasts must contact the Aerobics Programme Officer in writing in advance of the training and/or competition date to advise they will not be attending.
- b. Written authentication of the injury or illness by a registered medical practitioner or chartered physiotherapist must be submitted to the Performance Manager within one week of the training and /or competition date.
- c. Where required the Performance Manager will request this documentation is reviewed by a member of British Gymnastics approved medical personnel.
- d. Within the bounds of confidentiality the Performance Manager will then contact the relevant National Lead Coach to discuss the injury or illness.

3. Where an ongoing illness or injury is identified through the process detailed above the gymnast must agree to a review of their continued inclusion on the National Squad.

4. All selected gymnasts must declare medications they are taking, in particular the use of any restricted medications, and submit these to the Performance Manager.

	<ol style="list-style-type: none"> 5. A gymnast or coach may be removed from the National Squad in the event of non-compliance in training, a breach of responsibility to the Team or a violation of the codes of behaviour within the gymnast / athletes agreement, or bringing the sport into disrepute. Prior to removal the gymnast or coach must be presented with the opportunity to attend a removal interview with the Performance Manager, (or their appointed representative) and where possible one other independent person. The Performance Manager will maintain appropriate documentation for all removals. Decisions on these matters are not open to appeal. 6. At any stage following the selection announcement, should any gymnast fail to reach performance expectations in training or competition, the relevant National Lead Coach may recommend de-selection to the Performance Manager. They will consider the recommendation, provide an opportunity for the gymnast to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal. 7. Any replacement(s) resulting from removal / de-selection will be submitted to the Performance Manager by the National Lead Coach who will consider the request based on the circumstances presented. Decisions on these matters are not open to appeal. 8. Where a gymnast in a partnership is removed / de-selected and the replacement gymnast request is declined, all members of the partnership that are not involved in any other category will be removed from the national squad.
Squad Organisation	<ol style="list-style-type: none"> 1. National Squad Training dates will be announced as soon as reasonably possible, but in all cases after the National Squad selection announcement. 2. Gymnasts announced in the National Squad will be written to requesting confirmation that they wish to accept or decline their place. 3. Following acceptance of their place on the National Squad if a gymnast is unable to attend National Squad Training, National Competitions or other requested events, the Programme Officer should be informed immediately in writing ideally by e-mail. 4. There will be an annual fee levied for the National Squads which will contribute to facility hire, and travel costs. This will be £100.00 for the year but in all cases will be payable upon accepting a squad place. The fee will be non-refundable in case of retirement / de-selection etc. 5. In all cases the personal coach of the gymnast selected, or other identified coach working with the gymnast / partnership, is encouraged to attend the National Squad sessions.
Announcement	<ol style="list-style-type: none"> 1. Selected squad members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until after British Gymnastics has announced the selection on the British Gymnastics website (www.british-gymnastics.org). The selection announcement will be made on or before Friday 28th October 2016.
Any additional matters not covered by this Policy	<ol style="list-style-type: none"> 1. Any matters arising from the selection process which are not covered within this policy shall be determined by the Approval Panel (or representative thereof) acting at their sole discretion.

BRITISH GYMNASTICS SELECTION POLICY

AEROBIC GYMNASTICS

NATIONAL SQUAD 2017

APPROVED BY:

Signed



Nigel Saunders
Chair – Aerobic Gymnastics Technical Committee

Signed



Martin Reddin
Executive Director – Technical & Education

MEDICAL PERSONNEL APPROVED BY BRITISH GYMNASTICS

Louise Fawcett (British Gymnastics' Head of Science & Medicine)

Chris Tomlinson (British Gymnastics Chief Medical Office)

Jonathan Bucke (British Gymnastics Physiotherapist)

Lindy Laszig (British Gymnastics Physiotherapist)

Appendix 1
Assessment – Difficulty Skills

National Development	Group 1	Group 2 IW / IM	Group 2 TR / MP / GR	Senior IW / IM	Senior TR / MP / GR
PUSH UP 0.1	HELICOPTER TO PUSH UP 0.4	HELICOPTER UP TO WENSON 0.5	HELICOPTER UP TO WENSON 0.5	FREE CHOICE	FREE CHOICE
VERTICAL SPLIT 0.1	1/1 TURN TO VERTICAL SPLIT 0.3	STRADDLE JUMP 0.4	STRADDLE JUMP 0.4	FREE CHOICE	FREE CHOICE
1/1 AIR TURN 0.3	STRADDLE SUPPORT MAX TO 1/1 TURN 0.4	ILLUSION TO VERTICAL SPLIT / FREE ILLUSION TO VERTICAL SPLIT 0.6	ILLUSION TO VERTICAL SPLIT / FREE ILLUSION TO VERTICAL SPLIT 0.6	FREE CHOICE	FREE CHOICE
STRADDLE SUPPORT 0.2	TUCK JUMP 1/1 TURN 0.4	STRADDLE SUPPORT MAX TO 2/1 TURN 0.6	STRADDLE SUPPORT MAX TO 2/1 TURN 0.6	FREE CHOICE	FREE CHOICE
FREE CHOICE 0.4	FREE CHOICE 0.6	FREE CHOICE 0.7	FREE CHOICE 0.7	FREE CHOICE	FREE CHOICE
FREE CHOICE 0.5	FREE CHOICE 0.6	FREE CHOICE 0.7	FREE CHOICE 0.7	FREE CHOICE	FREE CHOICE
-	FREE CHOICE 0.6	FREE CHOICE 0.7	FREE CHOICE 0.7	FREE CHOICE	FREE CHOICE
-	FREE CHOICE 0.7	FREE CHOICE 0.7	FREE CHOICE 0.8	FREE CHOICE	FREE CHOICE
-	-	FREE CHOICE 0.8	-	FREE CHOICE	FREE CHOICE
				FREE CHOICE	-
NO COMBINATION	COMBINATION 0.1	COMBINATION 0.2	COMBINATION 0.2	COMBINATION 0.1 COMBINATION 0.2	COMBINATION 0.1 COMBINATION 0.2
MAXIMUM DIFFICULTY & BENCHMARK = 1.6	MAXIMUM DIFFICULTY = 4.1 BENCHMARK = 3.9	MAXIMUM DIFFICULTY = 5.9 BENCHMARK = 5.6	MAXIMUM DIFFICULTY = 5.2 BENCHMARK = 4.9	BENCHMARK = 6.4	BENCHMARK = 5.8