



2021 Great Britain DMT Junior Squad Virtual Trial

The GBR Junior National Coaching Team recognise that the lack of competitions in 2020 has hindered their identification of emerging young gymnasts for potential inclusion in the GBR programme. So as not to disadvantage any gymnasts, we have decided to hold a virtual trial for any gymnasts who are 13-14 or 15-16 in 2021. This is open to gymnasts of any gender who are not currently included in the GBR Junior DMT programme.

This trial will consist of videos submitted containing the following:

- Two full passes that are competitive in their 2021 Age Group
- Any individual skills they are working on as mounts, spotters or dismounts that are potential upgrades for the 2021 season
- Videos must be submitted by Friday 15th January 2021
- Video footage must be filmed in 2020 or 2021 - no earlier.
- Any selected gymnasts will be informed the week starting 18th January 2021
- Please note, the GBR Junior National Coaching team reserve the right to select as little or as many gymnasts as we see fit. This may mean none if none are deemed to be of standard.

The process for submission is as follows:

Please email video submissions meeting the above criteria only to GBRDMTvideos@gmail.com by **5pm on Friday 15th January 2021**.

The subject line must include full name and relevant age group.

It is athlete responsibility to submit videos before the deadline outlined. Any videos sent after this date will not be taken forward in the process.