GB Foundation and Development Squads are made up of the following age ranges and are open to all gymnasts eligible to represent Great Britain.

- Gymnasts aged 10, 11, 12 in year of Squad (Foundation Squad).
- Gymnasts aged 13, 14+ in year of Squad (Development Squad).

A selection day will be held in the December of the preceding year of Squad selection and will be open to the following gymnasts:

- **Top 6 all around gymnasts from Levels 1, 2 and 3 Elite Grades Final.**
  - Up to 4 extra gymnasts per year group, nominated by National Coaches.
  - **Total: 30 gymnasts**

- **Top 5 all around gymnasts from Levels 4, 5 and 6 Elite Grades Final.**
  - Top 5 age eligible all around gymnasts from U14 British Champs and London Open 2018, if not in Top 5 at Elite Grades.
  - Up to 4 extra gymnasts per year group, nominated by National Coaches.
  - **Total: Up to 28 gymnasts**

- **Any coach who wishes their gymnast to be considered for one of the above squads but falls outside of the stated criteria should contact one of the National Caches in writing requesting attendance at the testing day.**

There are up to 15 places available in the Development Squad, and up to 20 places available for the Foundation Squad. Each squad will have 5 reserve places allocated to gymnasts who will not attend squads but may be invited to specific trainings should space become available. Development squad gymnasts will meet for 4 day camps for between 4 and 8 times per year, whilst Foundation squads will meet for at least 3 weekends throughout the year.

Testing criteria will be available on the BG website, with a percentage of the scoring given to a gymnasts’ placing at the Elite Grades. Gymnasts who are not selected for a GB Squad following the selection weekend will have their results forwarded to the relevant Home Nation, for consideration as a member of a Home Nation Squad.

Invitations for the selection day will be sent out immediately after the Elite Grades, and the Squads for the following year will be announced by the 20th December.

Paul Hall
Head National Coach – Men’s Artistic