

## Information Regarding Competing Abroad for TRA, TUM & DMT in 2023

As well as fulfilling important welfare and insurance requirements, the recommendation to compete abroad promotes, protects and quality assures the GBR TRA, TUM & DMT 'Performance Brand', maintains its profile internationally and most importantly supports athlete development by ensuring gymnasts compete at the competitions appropriate to their stage of development.

### International Events 2023

Event	2023 Dates	Disciplines	GBR	HN	Clubs
Flowers Cup	18 March	TRA	X	X	Yes
Cascais Beach	12-15 April	TRA, DMT	X	X	Yes
Frivolten Cup	19-20 May	TRA, DMT	X	Yes	X
Scalabis Cup	28 June – 1 July	TRA, TUM, DMT	Yes	X	X
Coimbra Gym Fest	7-8 July	TRA, TUM, DMT	Yes	X	X
Loule Cup	12-14 October	TRA, TUM, DMT	X	Yes	X
Friendship Cup	21-22 October (TBC)	TRA	X	X	Yes

All Home Nations and Clubs wishing to enter any FIG sanctioned events and non-FIG sanctioned Open International competitions for the Trampoline disciplines must follow the British Gymnastics (BG) application process.

<https://www.british-gymnastics.org/clubs/club-support/uk-overseas-travel>

#### 1. FIG sanctioned events (Home or Abroad) in 2023

All FIG sanctioned events (or events organised alongside FIG sanctioned events) will be prioritised for GBR National Team use. The reason for this is to retain 'exclusivity of use' for these events and to avoid any possible clash or conflict with selected National Teams.

##### Recommended Performance Level

- FIG level gymnasts who have competed at the British Championships or the National Age Group Final

Please note - if a GBR National Team is not attending a FIG sanctioned event this will be published on the BG website as soon as possible so that Home Nations or Clubs with gymnasts may attend.

#### 2. Non-FIG sanctioned international events 2023

If neither the GBR National Team nor any Home Nation is attending a non-FIG sanctioned Open International event, Clubs/Regions may. (Home Nations & Clubs/Regions may not attend the same competition event).

## Recommended Performance Level

- Gymnasts who have competed at the Inter-Regional Challenge Cup Final, Spring Cups, National Age Group Final or British Championships

## **Application Process**

*Home Nations & Clubs must seek permission from BG for all entries into international events that offer invitational entry. This is also a requirement from FIG to protect event organisers.*

1. Please complete the travel application forms and submit to the BG membership department through the usual process.
2. Please submit the names of their judges along with the relevant qualification to the National Judging Co-ordinator: [andrew.jones@british-gymnastics.org](mailto:andrew.jones@british-gymnastics.org)

Clubs must note that only official GBR Teams are permitted to wear GB insignia on tracksuits and leotards.

If you have any questions regarding this announcement, please contact Sharon Wood, Chair of the National Technical Committee [sharon.wood@british-gymnastics.org](mailto:sharon.wood@british-gymnastics.org)

Thank you for your co-operation.



Sharon Wood  
Chair National Trampoline Technical Committee